

## Laurie Ure, LICSW

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### EDUCATION

Simmons College School of Social Work, Boston, MA, MSW, May, 1989

Colorado College, Colorado Springs, CO, BA, December, 1982, Major: History  
Degree awarded cum laude.

### CLINICAL EXPERIENCE

PSYCHOTHERAPIST, Private Practice, Gloucester, MA., 9/95 - present. Specialty in Bioenergetic Analysis, a body-oriented psychotherapy. Leader of exercise classes & workshops.

Local Trainer, MA Society for Bioenergetic Analysis - 12/15 - present - Lead presentations, retreats, and trainings in Bioenergetic Analysis in the United States and internationally.

International Trainer, Florida Society for Bioenergetic Analysis - 01/11 - present. Lead trainer in Bioenergetic Analysis in Florida; Buenos Aires, Argentina; Warsaw, Poland; and Santiago, Chile.

CAPE ANN MEDICAL CENTER, Gloucester, MA, 8/00 - 1/03

Psychiatric Social Worker. Assessments, supportive counseling, psychotherapy, family consultations, case coordination and community referrals of managed care caseload in conjunction with Nurse Practitioners and RN Care Coordinators for physician's practice.

SENIOR CARE, Gloucester, MA, 4/99 - 5/05

Supervision Group Leader. Facilitator of supervision group for Care Managers seeking social work licensure and of group for supervisors, supervision of MSW students.

SALEM STATE COLLEGE SCHOOL OF SOCIAL WORK, Salem, MA, 1/96 – 8/00, 1/03 - 8/03

Visiting Lecturer. Faculty liaison for MSW and BSW students in field placement, providing support to students and to field supervisors, conducting weekly seminars for students and monitoring agency placements; taught Advanced Social Work Methods.

BEVERLY HOSPITAL FAMILY PRACTICE RESIDENCY, Danvers, MA, 4/01 – 6/02

Behavioral Scientist. Supervision and training of medical residents in behavioral sciences.

MENTAL HEALTH CENTER/ GREATER CAPE ANN, Gloucester, MA, 12/90 – 12/93

Therapist, Sexual Abuse Treatment Service. Provided psychotherapy and assessments of children, adolescent, and adult survivors of sexual abuse; coordinated with community agencies including schools, Child Development Program, HAWC, court, DMH and DSS. Provided emergency coverage, including evaluations and triaging, for mental health center crisis line and Addison Gilbert Hospital Emergency Room.

## RELATED TRAINING & AFFILIATIONS

Completion of 4 year professional training program in Bioenergetic Analysis, through Massachusetts Society of Bioenergetic Analysis, 05/94. Certified Bioenergetic Therapist in 2008.  
Past Director, Massachusetts Society of Bioenergetic Analysis, 11/05 - 12/10.  
Member, International Institute of Bioenergetic Analysis  
Member, National Association of Social Workers  
Member, United States Association for BodyPsychotherapy  
Member, Private Practice Colloquium

## PRESENTATIONS and TRAININGS

MA National Association of Social Workers Conference presentation, Needham, MA April, 2008 Topic: *The Body Tells the Story: An Introduction to Bioenergetic Therapy*

International Conference for the Advanced Professional Practice of Clinical Social Work (ICAPP), Cancun, Mexico, June 2008 Topic: *The Body Tells the Story: Applications of Bioenergetic Therapy*

Southern California Bioenergetic Conference, March 2010, Process Group co-leader

MA National Association of Social Workers Conference presentation, Framingham, MA April, 2010 3 hour presentation. Topic: *Bioenergetic Therapy: Freeing the Body From the Effects of Trauma*

Florida Society for Bioenergetic Analysis Training group co-leader, Alachua, FL, March 13 - 16, 2011 Topic: *Bioenergetic Therapy Techniques*

Massachusetts Association of Social Workers Conference presentation, Framingham, MA March 30, 2012 1.5 hour presentation. Topic: *Bioenergetic Therapy: Body Based Interventions for Common Concerns*

Florida Society for Bioenergetic Analysis Training group co-leader, Alachua, FL, April 5 - 8, 2012 Topic: *What is Your Character Structure*

Florida Society for Bioenergetic Analysis Training group leader, Buenos Aires, Argentina, October 10 - 14, 2012 Topic: *Addressing Sexuality from a Bioenergetic Perspective*

North American/New Zealand Institutes of Bioenergetic Analysis Conference, Essex, MA, October, 2012, co-led with Leslie Ann Costello, PhD, CBT. Topic: *Practicalities in Bioenergetic Therapy*

Florida Society for Bioenergetic Analysis Training group leader, Alachua, FL, April, 11 - 14, 2013 Topic: *The Process of Bioenergetic Therapy*

International Institute of Bioenergetic Analysis Conference, Palermo, Italy, June 2013 Topic: *The Ball - a 21st Century Adaptation of the Stool*

North American/New Zealand Institutes of Bioenergetic Analysis Conference, Essex, MA, November, 2013, co-led with Jessie DeBaie, CBT Topic: *A Time for Everything - Lessons From Hope and Despair*

Florida Society for Bioenergetic Analysis Training group leader, Alachua, FL April 3 - 6, 2014  
Topic: *Inviting Your Client's Essence*

Florida Society for Bioenergetic Analysis Training group leader, Warsaw, Poland, December 11 - 14, 2014  
Topic: *Addressing Sexuality in Bioenergetic Therapy*

Florida Society for Bioenergetic Analysis Training group leader, Alachua, FL April 16 - 19, 2015  
Topic: *Meeting Your Clients Where They Are - Bioenergetic Assessments and Interventions*

Atlantic Canada Society of Bioenergetic Analysis 7 day Bioenergetic summer retreat co-leader, Prince Edward Island, CA. July, 2013 and July 2014

Conference founder and organizer, North American/New Zealand Institutes of Bioenergetic Analysis Conference, Essex, MA, October 2012, November, 2013, October, 2014 , October, 2015

Massachusetts Society for Bioenergetic Analysis Fall Conference Keynote Speaker, Oct. 24, 2015 Topic: *2 Steps Forward, 3 Steps Backwards, 5 Steps to the Side: The Journey of Vitality*

Private Practice Colloquium 3 hour CEU presentation, Nov. 6, 2015 Topic: *Comparison of 3 Body Oriented Psychotherapy Approaches to Trauma*. Presented with Barbara Phillips, LICSW, Sensorimotor Psychotherapist and Patricia Axiom-O'Brien, LICSW, Somatic Experiencing Psychotherapist

Florida Society for Bioenergetic Analysis Training group leader, Warsaw, Poland, November 12 - 15, 2015 Topic: *Techniques in Bioenergetic Analytic Therapy*

Florida Society for Bioenergetic Analysis Training group leader, Alachua, FL April 14 - 17, 2016  
Topic: *Belonging and Boundaries: Foundations of Sexuality*.

National Association of Social Workers Conference Presentation: April 8, 2016.. Topic: *Comparison of Body Oriented Psychotherapy Approaches to Trauma*. Presented with Barbara Phillips, LICSW, Sensorimotor Psychotherapist.

National Association of Social Workers Conference Presentation: April 8, 2016.. Topic: *Grounding and Boundaries: Bioenergetic Techniques for Social Workers*

United States Association for Body Psychotherapy Conference Presentation: July 20 - 23, 2016. Topic: *Reawakening Sexuality in Bioenergetic Therapy: A Modern Approach*

Florida Society for Bioenergetic Analysis Training group leader, Alachua, FL Sept 22 - 25, 2016  
Topic: *Bioenergetic Perspectives on Treating Trauma: Developmental Trauma, Chronic Relational Trauma and Acute Trauma*

Numerous presentations, workshops and therapy groups on topics related to Bioenergetic Therapy to agency staff, clients, and mental health practitioners, 2002 - present

## PUBLICATIONS

*Addressing Sexuality in Bioenergetic Therapy: A Contemporary Approach* Article printed in Somatic Psychotherapy Today, Winter, 2016. For a link to view the article:

[www.somaticpsychotherapytoday.com/wp-content/uploads/2016/01/Laurie-Ure-Final.pdf](http://www.somaticpsychotherapytoday.com/wp-content/uploads/2016/01/Laurie-Ure-Final.pdf)

*Bioenergetic Therapy: An Introduction*, co-authored with Judy Silvan, LICSW, CBT Published in the MA NASW *Focus*, 2005